

# Heart Attitudes of the Flesh and Spirit

---

---

## **Flesh**

*"Self"-Controlled  
Christian*

Anxious  
Easily irritated  
Impatient  
Inflexible  
Bitter  
Easily hurt  
Jealous  
Unforgiving  
Proud  
(assumes best of self and  
worst of others)  
Critical  
Self-righteous  
Self-centered  
Loose Tongued  
Unfriendly  
Unhappy (no joy)  
Loves money  
(covetous and materialistic)  
Loves self  
Loves pleasure  
Envious  
Intolerant  
Undisciplined  
Formal, calculated, controlled  
Angry  
(demands rights)

## **Spirit**

*"Spirit"-Controlled  
Christian*

Sweet-spirited  
Tenderhearted  
Kind  
Gentle  
Lowly in heart  
(esteems others better than self)  
Sacrificial  
Servant's heart  
Enjoys Jesus  
(doesn't endure religion)  
Delights in Christianity  
(not a duty)  
Poor in spirit  
Mourns with godly sorrow  
Meek  
(yields rights)  
Hungry and thirsty for righteousness  
Merciful  
Pure-hearted  
Peacemaker  
"Fruit of the Spirit"  
(Galatians 5:22)